

## Primary care as the foundation for sustainable health systems:

### Making choices matter for health and wellbeing.

Professor Albert Mulley, MD, MPP and Margaret Mulley

Dartmouth Institute for Health Policy and Clinical Practice, Hanover, New Hampshire, USA.



*A seminar for the Exeter Collaboration of Academic Primary Care, with a warm invitation to our friends and colleagues.*

*Wednesday 11th March 1-2:30pm (with lunch from 12:30pm)*

Professor Al Mulley is the managing director of the Dartmouth Institute's Global Health Care Delivery Science Program. He is dedicated to forging international partnerships in order to achieve sustainable health care economies. His expertise includes primary care, patient engagement, shared decision-making, health inequality and unwarranted variation in health service delivery. Professor Mulley developed the earliest Shared Decision Making Programmes and has since designed approaches to support clinicians and patients. His work has had influence internationally on the agendas of many public and private organisations engaged in clinical care, medical research and education, including many in the UK.

Professor Mulley was chief of general medicine, for nearly three decades, at Harvard and Massachusetts General Hospital. Throughout his clinical care, teaching, and research he has maintained a focus on the quality of healthcare decision-making, whether at the level of individual patient encounters, or from a wider health system perspective. He was a founding director of the Foundation for Informed Medical Decision Making. His interests have taken him from intensive medical care through to primary care and population health. He is the founding editor of the text 'Primary Care Medicine', soon to be in its eighth edition. Recently, he has been working with CCGs in the Black Country in the establishment of Primary Care Networks, without which, he feels, integrated care systems cannot succeed.

Margaret Mulley is an Honorary Lecturer at the Dartmouth Institute for Health Policy and Clinical Practice. She is an experienced senior executive with extensive experience in leadership, innovation, workforce development and governance. Her areas of expertise include Strategy Development and Implementation; Service Innovation; Strategic Communications; Change Management; Workforce Development including learning strategy and curriculum design; Team and Individual Coaching; Operations Management and Budgeting. Her current efforts are focused on health and social care integration, working alongside her husband Al, to help Primary Care Networks achieve their potential.

Al and Margaret Mulley will speak to us about making choices matter for health and wellbeing. They promise to deliver a thought-provoking seminar on the subject of primary care as the foundation for a sustainable National Health Service.