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University of Exeter Medical School

The Community-based Prevention of Diabetes (ComPoD) randomised, waiting list controlled trial of a voluntary sector-led diabetes prevention programme

This talk will present the findings of the School for Public Health Research's Community-based Prevention of Diabetes study (ComPoD) www.isrctn.com/ISRCTN70221670. This is a randomised waiting list controlled trial of a voluntary sector-led intervention to reduce risk of progression to type 2 diabetes in an at-risk adult population. The primary outcome was weight loss at 6 months post-randomisation, but changes in HbA1c, physical activity and other risk indicators were also measured. Maintenance of the changes achieved was estimated at 12 months.

Date: 22 February 2017 (with videoconferencing to F083, Knowledge Spa, Truro)

Time: 13.00-14.00

Venue: Room JS07, Smeall Building, St Luke's Campus

Join us afterwards for our informal monthly APEX meeting: updates on progress in APEX and networking (refreshments will be served).

Email: j.l.choules@exeter.ac.uk to book your place.
For further information visit:
www.exeter.ac.uk/medicine/apex/seminars

