

Optimising Interventional Treatment of Tennis Elbow

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Abstract

This presentation will review the work undertaken as part of an MD research program into the management of Lateral Epicondylar Tendinopathy (Tennis Elbow). This will include the outcome of a systematic review and standardised evaluation of currently available Patient Reported Outcome Measures (PROMs) and the assessment of a novel injection technique using Platelet-Rich Plasma (PRP), an autologous concentrate of blood injected into the tendon.