

Academy of Nursing 2019 Seminar Series

A Career in Clinical Nursing Research

Come to this seminar to hear about different aspects of clinical nursing research careers. What are the opportunities for clinical research nurses? How do you combine research, educational and clinical roles? How can you get funding for your own clinical nursing research career?

Monday 15th April 2019

17.30 – 19.00

Lecture Theatre, RILD Building

Barrack Road

Exeter EX2 5DW

Speakers:

- **Josephine Studham**, Clinical Research Facility Manager, University of Exeter Medical School. Title: *Working as a nurse in a Clinical Research Facility and opportunities available*
- **Maggie Shepherd**, Honorary Clinical Professor, University of Exeter Medical School. Title: *My clinical academic career in monogenic diabetes*
- **David Richards**, Professor of Mental Health Services Research and Head of Nursing at the University of Exeter. Title: *So you want a career in nursing research? How to get funding from the National Institute for Health Research*

For further information and to book your place for this Seminar, please email Marte Lavender: m.lavender@exeter.ac.uk

Speaker biographies Academy of Nursing Seminar 15th April 2019

Josephine Studham

Jo Studham has worked in clinical research for over 25 years. She has most recently worked as Head of Operations for the INFANT Research Centre based at University College Cork. She was responsible for the day to day function of the Centre and its multi-disciplinary team across the organisation. Prior to that she was Clinical Research Facility Manager at St George's University Hospitals NHS Foundation Trust.

Until October 2012 Jo was Clinical Director (Nursing) of the Clinical Research Facility at UCLH. In addition to responsibility for the CRF, she was also responsible for the Clinical Research Nurses across the organisation. She has also worked as Clinical Research Facilities Manager at Guy's and St Thomas' NHS Foundation Trust. She was responsible for the overarching management of the adult Clinical Research Facilities based at St Thomas' and Guy's. She was the Lead Nurse for the Sir John McMichael Centre for Clinical Research at Hammersmith Hospital.

Jo trained as a registered nurse at UCH London and became a clinical research nurse at the Royal Postgraduate Medical School (latterly Imperial College) in the Department of Clinical Pharmacology in 1989 after completing a degree in Anthropology and Geography at UCL. Whilst working at Imperial College Jo completed a Masters in Health Promotion at UEL. Jo has also been a member of the London Bridge, National Research Ethics Committee and the Imperial College non NRES Ethics Committee.

Maggie Shepherd

Maggie Shepherd joined the monogenic diabetes team in Exeter in 1995, having worked previously as a Diabetes Specialist Nurse in London. She has a PhD in Medical Science and qualifications in Medical Education, Genetic Counselling and Genomic Medicine. She is Honorary Clinical Professor at the University of Exeter Medical School, Lead Nurse for Research at the Royal Devon and Exeter NHS Foundation Trust and lead co-ordinator of the national, award winning [Genetic Diabetes Nurse project](#).

David Richards

David Richards is Professor of Mental Health Services Research and Head of Nursing at the University of Exeter. A nurse for over 35 years, David's work was recognised by the NIHR when it awarded him the status of 'Senior Investigator' as one of the top 200 health services researchers in England. His research has focussed on improving access to healthcare for people with common mental health disorders such as anxiety and depression, nursing roles in primary care telephone triage, 'fundamental' nursing care, and complex interventions research methods. His research findings have always provided clinicians and nurses on the ground with information about how they can work to deliver the best possible clinical care to their patients.

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Abstracts

Josephine Studham

Working as a nurse in a Clinical Research Facility and Opportunities available.

Clinical Research Nursing has evolved over the last thirty years from working initially in a quite isolated environment supporting single clinical academics or groups, to now working in teams supporting an increasing number of varied and complex research studies.

With the advent of the NHS Millennium Clinical Research Facilities at the end of the 1990's, the opportunities for Clinical Research Nurses based in CRFs has grown immeasurably. The Clinical Research Nurse is very much the 'glue' in the process of bringing an idea from inception through set-up, delivery, and finally to the dissemination of the results.

Jo will discuss the clinical research nurse role and opportunities in terms of the impact on protocol development, development of patient and participant friendly information, promoting patient and public involvement and engagement, participant recruitment, retention in studies, data and sample collection, safety reporting and dissemination of the results of clinical research studies.

Clinical Research Facility based nursing roles while opening a wealth of new opportunities for registered nurses, it is not for everyone. Jo will provide an overview of what is required from a registered nurse looking at a potential career change.

Maggie Shepherd

My clinical academic career in monogenic diabetes

Through this lecture Maggie will highlight her clinical academic career in monogenic diabetes in Exeter. This will include her part in improving the recognition and treatment of those with monogenic diabetes over the past 20 years by combining a research, educational and clinical role. Four key issues will be discussed including the misdiagnosis of monogenic diabetes, the impact of a correct genetic diagnosis, including treatment change, raising awareness of monogenic diabetes through the national Genetic Diabetes Nurse project and future challenges. Patient cases will be used to illustrate these themes. Maggie will also discuss her new role as one of the 70 senior clinical research leaders appointed across the UK through the NIHR70@70 scheme.

David Richards

So you want a career in nursing research? How to get funding from the National Institute for Health Research

The National Institute for Health Research (NIHR) gives out millions of pounds in research funding every year. Some of this is awarded by the NIHR Academy for nurses and allied healthcare professionals to undertake research training and internships. The NIHR Academy is very keen to see more nurses get this funding. This talk will walk the audience through the schemes available and give some tips for success.