

APEX Seminar Series

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A primary care response to frailty: mind the (evidence) gap

Frailty is a clinical syndrome that focuses on the loss of the ability to 'bounce back' from the result of a stressor. Frailty is considered a long-term condition in its own right, and its management is gaining traction in NHS primary care. For example, since 2017/2018 the GMS contract for general practice included the need to proactively identify older people (+65 years) living with severe or moderate frailty using an evidence-based tool, and then offer evidence-based interventions. While the intentions were good, aiming to provide proactive rather than reactive care for potentially vulnerable older people, the devil remains in the detail. This seminar will discuss some of the important differences found in the approaches to defining and measuring frailty, before exploring commonly asked questions such as "is frailty reversible?", "what are the evidence-based interventions for frailty?", and "is the 'F' word acceptable to patients and their families?". The implications for practice will be explored, along with the emerging research agenda.

Wednesday 15 January 2020

13.00-14.00

Venue: Room JS07, Smeall Building, St Luke's Campus

Join us from 12.30 in the downstairs lobby of Smeall for a sandwich lunch and informal networking

Email: apexseminars@exeter.ac.uk to book your place
For further information visit: www.exeter.ac.uk/medicine/apex/seminars