We will be holding a number of David Richards and ESSEnCE International. The marginal gains sports teams and healthcare Achieved. We are confident that no new issues are being identified. We will stop interviewing when we are satisfied for the staff, and there's the whole idea of camaraderie and we're all in this together."

Next steps:
We are interviewing and analysing the transcriptions in parallel.

We will stop interviewing when we are confident that no new issues are being revealed.

ACTIVITY 2
(Systematic ‘mixed studies’ literature review )

Aim: to identify and review existing evidence of nursing behaviours that could be components for a nursing care intervention.

Update:
We have conducted a series of literature searches on nursing behaviours addressing elimination, hygiene, nutrition and mobility needs of patients. We identified 18,252 papers in these 4 areas, and a lengthy process of reviewing papers has resulted in 217 being included.

From preliminary analysis one of the things we have seen is that the process of implementing AMG can have benefits beyond those targeted. A healthcare professional said: “It’s great for patients, it’s great satisfaction for the staff, and there’s the whole idea of camaraderie and we’re all in this together.”

Next steps:
We are extracting and then synthesising the results of included studies.

ACTIVITY 3
(Stakeholder advisory group)

Aim: to strengthen the Patient Public Involvement (PPI), clinical and methodological stakeholder elements of our future Programme Grant team.

Update:
We are delighted that eight eminent international nursing academics have accepted our invitation to be part of our ESSEnCE International Stakeholder Group. Claire and David were both invited to become members of the International Learning Collaborative (ILC) and attended their Conference in Oxford in June. The ILC aims to raise the standard of fundamentals of care.

PPI co-applicants lead Nigel Reed and Jenny King have created a ESSEnCE PPI role description and advert and this has been circulated to existing PPI groups in Exeter, Plymouth and Southampton Universities. Nigel will lead the selection process for new PPI member applications. The PPI team will support the work of the ESSENCE programme of research throughout its entire life.

Next steps:
ESSEnCE International Stakeholder meeting and Stakeholder meeting being held in October. Attendees will be providing input on ESSEnCE issues and nursing issues.

Message from the ESSEnCE team
Thank you to all our co-applicants and stakeholders for your support and involvement so far, we are making good progress and are nearly a third of the way through the Programme Development Grant phase.

Upcoming Events
• We will be holding a number of workshop events for new Patient and Public Involvement colleagues.
• David Richards and Claire Pentecost will be attending and presenting ESSENCE at the 5th European Nursing Congress, 4-7 Oct in Rotterdam.
• ESSEnCE International Stakeholder meeting being held 19 Oct 2016.
• The next ESSENCE Programme Management Meeting and Stakeholder meeting will be held on the same day, Thurs 3 Nov 2016.

More information
For more information about ESSEnCE activities please contact Claire or visit our web pages:

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