

# APEX Seminar Series

## Dr Zelalem Mengistu

Assistant Professor of Obstetrics & Gynaecology and  
Urogynaecologist, University of Gondar,  
Ethiopia, and



## Dr Emma Pitchforth

Senior Lecturer and Senior Research Fellow in Primary  
Care, CMH



### Women's health in Ethiopia: doing more for women with pelvic floor disorders

Pelvic floor disorders such as urinary incontinence and pelvic organ prolapse have significant impacts on women's health and quality of life. As yet, they have received relatively little attention in low- and middle-income country settings. As part of a collaboration between Leicester, Gondar and Exeter, formative work to develop community-based interventions to support management and treatment of these conditions is being undertaken. This includes an exciting piece of work with the James Lind Alliance to undertake a priority setting partnership; to understand the research priorities of women, families and healthcare professionals. Dr Mengistu will present information on the context of Ethiopia, women's health and pelvic floor disorders in Ethiopia. Emma Pitchforth will talk briefly about the research underway and in development. Dr Mengistu is visiting Exeter from 29 May to 5 June and will also be contributing to the Symposium on International Development planned for 4 and 5 June.

**Monday 3 June 2019**

**13.00-14.00 (lunch from 12.30)**

**Venue: Room JS07, Smeall Building, St Luke's Campus**

Join us before and afterwards for our informal monthly APEX meeting:  
updates on progress in APEX and networking

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