

# APEX Seminar Series

## Dr Sarah Walker, Research Fellow, UEMS

Exercise Training for Chronic Heart Failure (ExTraMATCH II): Our experience of performing an Individual Participant Data Meta-Analysis

ExTraMATCH II is an individual participant data (IPD) meta-analysis, investigating the effect of exercise based cardiac rehabilitation in people with heart failure, compared with non-exercise controls. This study involved collating and tidying data from 18 randomised trials, including 3912 participants.

## Ellie Williams, BClinSci student, UEMS

Completing a systematic review summarising screening tools used to predict physical frailty in adults aged 65 years and over. A dissertation project

Ellie is a final year Medical Sciences student completing a systematic review for her dissertation. The aim of the systematic review is to summarise performance characteristics of existing screening tools that are used to predict physical frailty (as proposed by Fried's phenotype frailty model) in adults aged 65 years and over. She has identified 11 relevant papers which have reported the performance of 11 different screening tools.

**Date: Wed 20 March 2019**

**Time: 13.00-14.00**

Venue: Room JS07, Smeall Building, St Luke's Campus

Join us afterwards for our informal monthly APEX meeting: updates on progress in APEX and networking

Email: [j.l.Choules@exeter.ac.uk](mailto:j.l.Choules@exeter.ac.uk) to book your place

For further information visit: [www.exeter.ac.uk/medicine/apex/seminars](http://www.exeter.ac.uk/medicine/apex/seminars)