

APEX Seminar Series

Prof Richard McManus
Professor of Primary Care Research,
University of Oxford



Should clinicians measure blood pressure in 2019?

Self-monitoring of blood pressure has been practised since the 1930s and has now been shown to be superior to standard clinic measurement for both diagnosis and management of hypertension. This seminar will review the rationale and evidence for self-monitoring of blood pressure including self-titration of antihypertensives. Attendees will be challenged to consider whether there is a place for clinicians to still measure blood pressure in the routine management of hypertension in 2019.

Friday 8 February 2019

Time: 13.00-14.00

Venue: Room JS07, Smeall Building, St Luke's Campus

Join us afterwards for our informal monthly APEX meeting: updates on progress in APEX and networking (refreshments will be served)

Email: j.l.Choules@exeter.ac.uk to book your place
For further information visit: www.exeter.ac.uk/medicine/apex/seminars