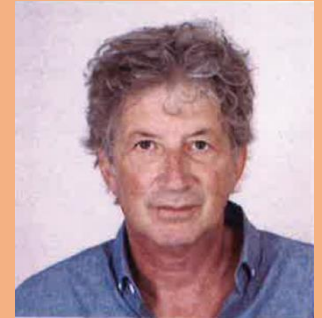


# APEX Seminar Series

**Dr David Kessler**  
**Reader in Primary Care**  
**Bristol Medical School**



**A randomised trial of the addition of mirtazapine for patients with depression in primary care who have not responded to antidepressant treatment**

Antidepressants are often the first line of treatment for major depression, but only half of those treated with a single drug respond. For patients in primary care who had not responded to a single antidepressant, we investigated the effectiveness and cost-effectiveness of combining mirtazapine with Serotonin-Noradrenaline Reuptake Inhibitor (SNRI) or Selective Serotonin Reuptake Inhibitor (SSRI) antidepressants. This two parallel-group multi-centre, placebo controlled, randomised trial recruited 480 participants aged over 17 years with treatment resistant depression. The results of this trial will be presented.

**Date: 4 April 2018**

**Time: 13.00-14.00**

Venue: Room JS07, Smeall Building, St Luke's Campus (there will be video conferencing to F083 Knowledge Spa)

Join us afterwards for our informal monthly APEX meeting: updates on progress in APEX and networking (refreshments will be served)

Email: [j.l.Choules@exeter.ac.uk](mailto:j.l.Choules@exeter.ac.uk) to book your place  
For further information visit: [www.exeter.ac.uk/medicine/apex/seminars](http://www.exeter.ac.uk/medicine/apex/seminars)